Purpose

- To identify published resources for teaching the competencies of psych rehab
- Identify gaps in textbook resources

Considerations when designing a course and choosing the text(s)

- Target student education level: Associate’s level, bachelor’s level, graduate level, peers,
- Level of concentration: major, minor, certificate, single course elective
- Educational outcome: knowledge, skill, clinical application, research application
- Relevant publications - focused topic books, workbooks, textbooks, published articles, edited compilations, websites, government documents/reports
- Cross disciplinary resources in social work, psychology, addictions, psychiatry

Curriculum Areas

- Mental health/illness information
  - Diagnostic categories related to serious mental illness
  - Psychopharmacology / medication
- Evidence-based practices
  - Assertive Community Treatment
  - Supported Employment
  - Family Psychoeducation / Support
  - Illness Management & Recovery
  - Integrated Dual Diagnosis Treatment / Co-Occurring Disorders
  - Cognitive / behavioral strategies
  - Medications
- Social policy
  - Systems transformation
  - Behavioral health systems / provider options
  - Federal & state legislation, ADA, Parity Act, Outpatient commitment, etc
  - Legal cases, e.g., Donaldson case, Wyatt vs. Stickney, etc
- Emerging best practices
  - Peer provided services
  - Supported housing
  - Integration of criminal justice & mental health treatment
- Values based practices
  - Community integration
  - Recovery
  - Recognizing and eliminating stigma
- Research methods
  - Literature review skills
  - Statistical analysis
  - Research design
  - RCT methods for rehabilitation intervention in community-based settings
  - Translational & implementation research
PSYCHIATRIC REHABILITATION EDUCATION
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- Systematic reviews, specifically meta-analytic reviews
- Practitioner skills
  - Communication / basic counseling skills
  - Assessment and planning skills
  - Skills teaching
  - Accessing and developing resources and supports
  - Multi-cultural competencies
  - Relational skills
- Curriculum Resources / Bibliography

Overview Textbooks


Mental health/illness information

Diagnostic categories related to serious mental illness


Psychopharmacology / medication


SAMHSA Toolkit*

Evidence-based practices


Assertive Community Treatment (Case Management)


SAMHSA toolkit*

Supported Employment


SAMHSA toolkit*

Family Psychoeducation / Support


SAMHSA toolkit*

Illness Management & Recovery


SAMHSA toolkit*
Integrated Dual Diagnosis Treatment / Co-Occurring Disorders


SAMHSA toolkit*

Cognitive / behavioral strategies


Social policy


Systems transformation


Advocacy

*No textbook reference yet identified*
Behavioral health systems / provider options

No textbook reference yet identified

Emerging best practices

Peer provided services


Supported housing/housing models


Supported education


Values based practices

Community integration


Ethics


**Recovery**


**Recognizing and eliminating stigma**


**Research methods**


**Practitioner skills**

**Communication / basic counseling skills**


**Assessment and planning skills**


**Skills teaching**


**Accessing and developing resources and supports**

Multi-cultural competencies


Group facilitation


Relational skills


Articles/Books of Interest to Educators

  - Pratt, C. W. – Introduction to the special issue on psychiatric rehabilitation education and credentials, 117-119.
  - Gill, K. J., Murphy, A., & Birkmann, J. – Developing attitudes: The role of psychiatric rehabilitation education, 135-149.
  - Gill, K. J. – Experience is not always the best teacher: Lessons learned from the Certified Psychiatric Rehabilitation Practitioner certification program, 151-164.


  - McReynolds, C. J. – Introduction to the special issue on psychiatric rehabilitation, 3.
  - Nemec, P. B., & Gagne, C. – Recovery from psychiatric disabilities, 4-10.
  - MacDonald-Wilson, K. L. – Managing disclosure of psychiatric disabilities to employers. 11-21.
  - Ackerman, G. W., & McReynolds, C. J. – Strategies to promote successful employment of people with psychiatric disabilities, 35-40.


Websites of Interest to Educators

Annapolis Coalition (http://www.annapoliscoalition.org)
Sample materials available on line: competencies, cultural competency and disparity issues, evidence-based teaching, innovation in workforce education, severe mental illness, training direct care staff.

Evidence-based practices: Shaping mental health services toward recovery. EBP Toolkits available online at http://mentalhealth.samhsa.gov/cmhs/communitysupport/toolkits/
  - Illness Management and Recovery

Prepared by the Consortium of Psychiatric Rehabilitation Educators, October 2008
To add your recommendations, contact cpre@patnemec.com
• Assertive Community Treatment
• Family Psychoeducation
• Supported Employment
• Co-occurring disorders: Integrated dual diagnosis treatment

Mary Ellen Copeland – www.mentalhealthrecovery.com
Review short articles on recovery, order books and materials on Wellness Recovery Action
Planning, links to other sites

Council on Social Work Education http://www.cswe.org/CSWE/

REACH-SW is a curriculum enhancement tool with optional supplemental in-person training workshops designed to support faculty in teaching social work students how to apply evidence-based practice (EBP) approaches to social work practice. The tool is also designed to increase scientific literacy skills of faculty—and thus, students—with respect to finding, understanding, and applying empirical research to social work practice.

Human Services Research Institute (HSRI), Cambridge, MA. Website is http://www.hsri.org/

Implementation of Evidence-Based Practice References and Websites
http://www.dacum.com/ohio/
Information on DACUM (the “develop a curriculum” approach to job analysis) and SCID (Systematic Curriculum and Instructional development)
http://www.researchchannel.org
http://www.fathom.com

This American Psychological Association group describes themselves as "PT@CC."
http://www.apa.org/ed/pt@cc_update.html

Resources for Outcomes Assessment
http://www2.acs.ncsu.edu/UPA/assmt/resource.htm

The Carnegie Foundation Library
Annotated bibliography on the Scholarship of Teaching and Learning.
http://www.carnegiefoundation.org/elibrary/docs/bibliography.htm

The National Teaching and Learning Forum
Much of this site is for subscribers only, but some articles can be accessed for free.
http://www.ntlf.com/
“Distance education: Opportunities and issues for public vocational rehabilitation programs,” Request a copy from the George Washington University RRCEP (http://www.gwu.edu/~rrcep), or download it from: http://www.gwu.edu/~rrcep/IRI.htm

**Research and Training Centers**

**The ACT Center of Indiana.** [www.psych.iupui.edu/ACTCenter](http://www.psych.iupui.edu/ACTCenter)

**Center for Psychiatric Rehabilitation**, Sargent College of Health & Rehabilitation Sciences, Boston University. [http://www.bu.edu/cpr](http://www.bu.edu/cpr)

**The Evidence-Based Practice Center**, Division of Services Research, Department of Psychiatry, University of Maryland, Baltimore. [www.medschool.umaryland.edu/psychiatry/services_research](http://www.medschool.umaryland.edu/psychiatry/services_research)

**National Research & Training Center on Psychiatric Disability**, Center on Mental Health Services Research & Policy, Department of Psychiatry, University of Illinois at Chicago. [www.psych.uic.edu/uicnrtc](http://www.psych.uic.edu/uicnrtc)

**University of Pennsylvania Collaborative on Community Integration is the Rehabilitation Research and Training Center (RRTC) Promoting Community Integration of Individuals with Psychiatric Disabilities, Department of Psychiatry, University of Pennsylvania.** [http://www.upennnrrtc.org/](http://www.upennnrrtc.org/)

**Virginia Commonwealth University Research and Training Center on Work Place Supports.** [www.worksupport.com](http://www.worksupport.com)

**Other websites of interest**

Advance Directives (includes templates; site also information on US legal and civil rights)  
http://www.bazelon.org/issues/advancedirectives/index.htm

Agency for Healthcare Quality and Research, National Guidelines Clearinghouse  


Annapolis Coalition on the Behavioral Healthcare Workforce:  http://www.annapoliscoalition.org

Center for Psychiatric Rehabilitation, Boston University:  http://www.bu.edu/cpr

Certified Peer Specialist Programs:  http://www.naops.org/

Chicago Consortium for Stigma Research:  http://www.stigmaresearch.org/

The Cochrane Collaborative (evidence-based practice library):  http://www.cochrane.org

Clinical Antipsychotic Trials of Intervention Effectiveness (CATIE) Study  
http://www.catie.unc.edu/schizophrenia/  
http://www.nimh.nih.gov/healthinformation/catie.cfm  
http://content.nejm.org/cgi/content/abstract/NEJMoa051688

Computer Assisted Cognitive Remediation [also see Schiz Bulletin, 31(4), October 2005]  
http://www.incrediblehorizons.com/Cogtrainresearch.htm  
http://www.braintrain.com
Dartmouth Psychiatric Research Center (Drake, Mueser, and Associates)
   http://dms2.dartmouth.edu/prc/
Human Services Research Institute (The Evaluation Center): http://tecathsri.org/
Institute of Medicine, Improving the Quality of Health Care for Mental and Substance-Use Conditions
   (from the Crossing the Quality Chasm Series)
   http://www.iom.edu/?id=30836&redirect=0
Intentional Care, Pat Deegan and Associates
International Center for Clubhouse Development: http://www.iccd.org
Leadership Academy: http://wvla.wvmhca.org/
MacArthur Coercion Studies (also competence assessment, risk assessment, violence)
   http://www.macarthur.virginia.edu/mentalhome.html
Mental Health Services Research Program, University of Illinois at Chicago
   http://www.psych.uic.edu/mhsrp/
National Consensus Statement on Mental Health Recovery
   (US Dept. of Health and Human Services Substance Abuse & Mental Health Administration)
   http://www.medicalhealth.samhsa.gov/publications/allpubs/sma05-4129/
National Alliance for Mental Illness
   http://www.nami.org
National Empowerment Center (Dan Fisher; PACE program): http://www.power2u.org/
New York Association of Psychiatric Rehabilitation Services (Peer Bridger Project)
   http://www.nyaprs.org/Pages/View_Content_A.cfm?ContentID=47
President’s New Freedom Commission: http://www.mentalhealthcommission.gov/
Psychiatric Services: http://psychservices.psychiatryonline.org
SAMHSA ADS Center: http://www.promoteacceptance.samhsa.gov/
Substance Abuse Prevention Registry: http://preventionpathways.samhsa.gov/nrepp/default.htm
UK Department of Health National Knowledge Skills Framework (October 2004):
US Psychiatric Rehabilitation Association (formerly IAPSRS): http://www.uspra.org
University of California Los Angeles (Liberman and Associates)
   http://www.npi.ucla.edu/crc/faculty/faculty.html
Wellness Recovery Action Plan (Mary Ellen Copeland) http://www.mentalhealthrecovery.com/

*The **Evidence-Based Practice Implementation Resource Kits** (SAMHSA Toolkits) are available from:
   http://mentalhealth.samhsa.gov/cmhs/CommunitySupport/toolkits/about.asp
First Person Accounts

Note: These are **not** all recommended or accessible!! Comments and additions are welcome!

**Anorexia/Bulimia Nervosa**

**Attention Deficit/Hyperactivity Disorder**

**Autism**

**Bipolar Disorder**
Beers, C. *A mind that found itself*

**Borderline Personality Disorder**
Reiland, Rachel (2002). *I'm not supposed to be here: My recovery from Borderline Personality Disorder.* Eggshells Press.
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**Chemical Dependency/Substance Abuse**


**Depression**

Plath, S. *The bell jar* (autobiographical fiction)

Styron, W. *Darkness visible*

**Dissociative Identity Disorder**


**Obsessive-Compulsive Disorder**


**Posttraumatic Stress Disorder**


Schizophrenia
Green, H. (Greenberg, J.) I never promised you a rose garden (autobiographical fiction)

Movies
Awakenings (neurological/psychiatric) 1990. Robin Williams, Robert De Niro
A Beautiful Mind (schizophrenia) 2001. Russell Crowe
The Bell Jar (depression, suicide) 1979. Julie Harris
Benny and Joon (psychiatric) 1993 Johnny Depp, Mary Stuart Masterson
Birdy (psychiatric) 1984. Matthew Modine, Nicholas Cage
The Cracker Factory (alcoholism, psychiatric) 1979. Natalie Wood
Frances (psychiatric) 1982. Jessica Lange
Girl, Interrupted (borderline personality disorder) 1999. Wynona Ryder, Angelina Jolie
I Never Promised You a Rose Garden (schizophrenia, suicide) 1977. Kathleen Quinlan
Jacob’s Ladder (trauma) 1990. Tim Robbins.
One Flew Over the Cuckoo’s Nest (psychiatric) 1975. Jack Nicholson
Ordinary People (depression, suicide) 1980. Timothy Hutton, Donald Sutherland
The Prince of Tides (suicide, family trauma) 1991. Nick Nolte
Postcards from the Edge (substance abuse, psychiatric). Meryl Streep
Rainman (autism). Tom Cruise, Dustin Hoffmann

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Shine (schizophrenia) 1996. Geoffrey Rush
Sling Blade (intellectual/psychiatric) 1996. Billy Bob Thornton, John Ritter
Spider 2003 (psychiatric). Ralph Fiennes
Sybil (dissociative identity disorder) 1976. Sally Field, Joanne Woodward
Three Faces of Eve (dissociative identity disorder) 1957. Joanne Woodward

**Movie Lists**


http://bipolar.about.com/b/2006/12/07/movies-and-mental-illness.htm

http://faculty.dwc.edu/nicosia/moviesandmentalillnessfilmography.htm

http://www.dartmouth.edu/~admsep/resources/cinema.html


[http://theoryandscience.icaap.org/content/vol002.002/lopezlevers.html](http://theoryandscience.icaap.org/content/vol002.002/lopezlevers.html)

[http://www.lib.berkeley.edu/MRC/disabilitiesbib.html#mental](http://www.lib.berkeley.edu/MRC/disabilitiesbib.html#mental)

[www.disabilityfilms.co.uk/mental1/men1dex.htm](http://www.disabilityfilms.co.uk/mental1/men1dex.htm)